



## Pediatrics Supporting Parents | Proof Point Communities

The Pediatrics Supporting Parents (PSP) Proof Point Communities (PPCs) were competitively selected to participate in the PSP multi-year, shared-learning community and serve as proof point exemplars working to achieve concrete changes in pediatric primary care that support children's social and emotional development and early relational health. Together, the five communities are working to pursue opportunities to share best practices, gain learnings in pediatric care transformation, and identify opportunities to foster continued collaboration across the field to improve outcomes for children and families.

While all community partners share PSP's North Star that centers parents and communities, prioritizes BIPOC children and families, and seeks to support early social and emotional development and early relational health, the road that each community takes is being co-created locally.

In 2022, the PPCs engaged in a one-year planning and co-design process at the community-level, and they participated in the planning and co-design of the national PSP Learning Community as well. The planning year also created space for each community to deepen their family engagement strategies, and co-create local implementation plans for 2023 – 2025 implementation years. The PPC implementation plans are intended to be iterative based on lessons learned, and this document provides a high-level summary of the current vision and goals that each community is working toward during the three-year implementation phase. In addition, a snapshot of local partners is provided for each PPC but these are not exhaustive lists.

### Proof Point Communities

PSP has partnered with five communities across four states. The five PPCs include:

- [Durham Partners for Early Relational Health with Duke Children's Primary Care | Durham, North Carolina](#)
- [Early Childhood Alliance Onondaga with Upstate Medical University | Onondaga, New York](#)
- [First Year Families - Washington Chapter of the American Academy of Pediatrics \(WCAAP\) with Pediatrics Northwest | Pierce County, Washington](#)
- [LIFT / ACEs LA Medical–Financial Partnership with Network for Care | Los Angeles County, California](#)
- [UCSF Center for Child and Community Health with the Ready! Resilient! Rising! Network \(R3! Network\)| Alameda and San Francisco Counties, California](#)



## Durham Partners for Early Relational Health

**Vision:** Policy and practice change at Duke Pediatrics create informed, equitable care for all. Families of children 0-3 are fully seen and heard by clinic staff. They are empowered and confident in their roles with the necessary tools to advocate for what they need for their families to thrive. Community is deeply connected to the clinic so families can be served by the community when the clinic cannot. There is strong relational health among leaders so we model this and set this foundation for our children. Sustainable funding is identified, including from Duke University Hospital System (DUHS), for our new approaches.

**Goal 1:** Implement policy and practice change at Duke Pediatrics to create informed, equitable care for all so that families of children 0-3 feel they are fully seen and heard by clinic staff

**Goal 2:** Elevate family voice to understand the experience of programmatic efforts such as (HealthySteps, Reach Out and Read, Centering Parenting, etc.) and iterate on how we offer the program, subsequently enroll, and continue to engage with families

**Goal 3:** Improve support for social-emotional health within the pediatric practice by having family and community voice drive the collaborative planning process and by deepening engagement with both evidence-based practice models and community-rooted organizations during implementation

**Partners:** Duke Children's Primary Care North Durham, Durham Children's Initiative, Durham County/Grown in Durham, Center for Child and Family Health, Mobilizing African American Mothers through Empowerment (MAAME), NC Integrated Care for Kids (NC InCK), Community-Rooted Leader Team, Parent Leaders and Advisory Team, Durham County Government (Early Childhood Office), Empowering Parents in Community (EPiC), Fatherhood of Durham, Duke Center for Child and Family Policy, Head Start/Early Head Start (Families & Communities Rising, Inc.), and other community-rooted partners (e.g., H.E.A.R.T.S., Equity Before Birth, etc.).



## Early Childhood Alliance Onondaga with Upstate Medical University

**Vision:** Onondaga is focused on pediatric practice transformation at Upstate Pediatric and Adolescent Center (UPAC) by building collaboration between families, community-based organizations and the UPAC care team with the goal of promoting early relational health and optimal child development for children birth to three at UPAC. The PSP initiative at UPAC will inform and influence the larger pediatric community in Onondaga County and beyond.

**Goal 1:** UPAC Families - Increase family voice and engagement at UPAC with the launch and sustainability of the Family Advisory Council; and deepen UPAC families' awareness and implementation of Early Relational Health / Social Emotional Development (ERH/SED)

**Goal 2:** UPAC Staff - Increase UPAC's efforts to advance early relational health and social-emotional development by implementing ERH training for UPAC staff (Promoting First Relationships in Pediatrics) and integrating ERH in the well-child visit through Reach out and Read, Healthy Steps and other UPAC initiatives

**Goal 3:** Community Partners - Increase collaborative efforts between UPAC and community-based organizations to advance early relational health and social-emotional development by deepening the community partners understanding of ERH and the integration of ERH programming

**Goal 4:** Systems Change - Identify lessons learned with PSP UPAC to apply towards other pediatric practices in Onondaga County – 2023-2025

**Partners:** Early Childhood Alliance, ECA Parent Advisory Council, Upstate Pediatric & Adolescent Center (UPAC), and UPAC Family Advisory Council, Allyn Family Foundation, PEACE, Inc., Excellus, Syracuse University, and Child Care Solutions.



## **First Year Families - Washington Chapter of the American Academy of Pediatrics (WCAAP) with Pediatrics Northwest**

**Vision:** Supporting parents and social emotional development via the pediatric medical home and connections to the community, with an equity lens, and the ability to model this and expand to other pediatric practices across the state.

**Goal 1:** Increase efforts to advance early relational health and social-emotional development by testing and implementing ERH interventions at the pediatric medical home (PFR, ROR, CoCM: Fast B for Three, and other Pediatrics Northwest initiatives) in 2023 and 2024. Elevate and spread successful implementations through the WCAAP to educate and convene at the state level in 2024 and 2025

**Goal 2:** Sustaining a Community Health Worker Workforce in Pediatric Primary Care by Spring 2025

**Goal 3:** Develop a diverse family advisory council at Pediatrics Northwest by the end of 2023 and begin to offer this developmental model to other practices in WA by the end of 2024

**Goal 4:** Integrate family partnership into the clinic decision making and leadership activities; Begin to support other clinics in embracing family partnership by the end of 2025

**Partners:** Pediatrics Northwest, Washington Chapter of the American Academy of Pediatrics (WCAAP), Family Leader, HopeSparks, Help Me Grow Pierce County, First 5 Fundamentals, Pierce County Early Childhood Network (PCECN), Reach Out and Read Northwest, FAST Team at Seattle Children's, Nurture Connection, Accelerating Child Health Transformation (ACHT), Health Care Authority, Tacoma Pierce County Health Department, and Elevate Health.



## **LIFT / ACEs LA Medical–Financial Partnership with Network for Care**

**Vision:** To establish and sustain a multi-sector, family-centered, parent-driven pediatric care innovation model and ecosystem reducing experiences of scarcity and supporting family relational health and social emotional development across sites in the second largest public health system in the US.

**Goal 1:** Establish feasibility and adoption of a family-centered, parent-informed and parent-driven, multi-sector, pediatric care innovation model - including family resilience coaching, a parent voice portal, and a community supports access pathway service - to reach parents at multiple clinical sites

**Goal 2:** To fully understand parents’ experience and the impact on families, we will complete an impact evaluation of this family-centered, parent-informed and parent-driven, multi-sector, pediatric care innovation model and ecosystem (see Goal 1) on parent satisfaction, parent health and well-being outcomes, child developmental outcomes, family functioning, and relational health, and care processes, most importantly from the parents’ perspective

**Goal 3:** Develop and implement a sustainability strategy based on an assessment of the value of the family-centered, parent-informed and parent-driven, multi-sector, pediatric care innovation model and ecosystem (see Goals 1 and 2) to parents and families, their pediatric clinic and health system, and the broader communities and neighborhoods in which the families are embedded. This sustainability strategy and value proposition will be shared with other communities of parents, family-centered clinical programs, and health systems around the country.

**Partners:** ACEs LA Medical-Financial Partnership (MFP), MFP Parent Advisory Council, LIFT-Los Angeles, LA County Department of Health Services (LADHS) Pediatrics, ACEs LA Network of Care CBOs, Help Me Grow Los Angeles, SHIELDS for Families, One Degree, LA Care, UCLA Department of Pediatrics, First 5 LA and other Family-led CBOs.



## **UCSF Center for Child and Community Health with the Ready! Resilient! Rising! Network (R3! Network)**

**Vision:** To transform pediatric practice and improve care in San Francisco and Alameda Counties by addressing trauma, building resilience, and preventing toxic stress among low-income families with children from birth to age five.

**Goal 1:** Partner with families to develop, test and scale family-driven solutions to strengthen early relational health in pediatric primary care

**Goal 2:** Build the dual capacity of providers and families as partners in ERH promotion through bidirectional and co-led training design with and for pediatric trainees and families

**Goal 3:** Establish sustainable infrastructure for family partnership centered on the experiences of Black, Indigenous, and People of Color (BIPOC) families and low-income families experiencing the impact of systemic inequity

**Partners:** Toxic Stress Network Improvement Community (multi-sector collaboration), UCSF Benioff Children's Hospital Oakland Early Intervention Services, Safe & Sound, Support for Families of Children with Disabilities, San Francisco Interagency Collaborative (iCollab), Children's Trust, Family Accountability Board, Children's Health Center at Zuckerberg San Francisco General Hospital (ZSFG), and UCSF Benioff Children's Hospital Oakland Claremont FQHC Primary Care Clinic